



Central Therapy: referral guide

Mobile neuro physiotherapy across Perth metro and the Peel region · Registered NDIS provider 4-M3K7H4E

We're a fully mobile neuro physiotherapy practice, providing long-term rehab where daily life happens. Every session is delivered one-on-one by Simon Grech, a physiotherapist with 16+ years' experience and postgraduate qualifications, at home, in the gym, in the hydrotherapy pool, at work or in the community.

Neurological rehab: our focus

- Stroke
- Acquired and traumatic brain injury
- Spinal cord injury
- Multiple sclerosis
- Parkinson's disease
- Cerebral palsy
- Huntington's disease
- Vestibular and balance disorders
- Other progressive neurological conditions

We also see

- Post-surgical rehab
- Fractures
- Workplace and motor vehicle injuries
- Falls and deconditioning

What we provide

- Functional assessments and plan review reports
- Ongoing therapy and home programs
- Manual handling and mobility plans
- Equipment trials and prescription
- Support worker and family training
- Hydrotherapy, falls prevention and vestibular rehab

Funding

- NDIS: agency, plan and self-managed
- ICWA motor injury, including catastrophic
- WorkCover WA
- Support at Home and DVA
- Medicare (GP plan) and private health
- Private clients

How to refer

1. Send a referral through the online form, by email or by phone.
2. Include client details and suburb, funding type and plan or approval dates, reason for referral and goals, diagnosis and any relevant reports, and other team members.
3. We call back within one business day to confirm fit, funding and the first visit.